JEWISH SENIOR CITIZEN'S CENTRE

All Seniors Welcome ***Drop In For Lunch or Attend a Program***

Mailing Address: Box 17017
Edmonton, AB T5K 0G4
www.jdicseniors.ca

Location: 10052-117 Street
Ph: 780-488-4241 Fax: 780-488-6591
Email: jdic@shaw.ca

Schmooze and News

December 2019/5780

Hanukkah

Thursday, December 19 @ 11:30a.m.

Please join us for

Hanukkah **Latke Lunch & Concert** with our **Young at Heart Choir**

Raffle and more fun!

You must RSVP by Thursday December 7

Fee: $15 members / $18 non-members

Please renew your $30 annual membership!

WINTER WEDNESDAYS LECTURE SERIES

FEBRUARY 5, 2020 – 10a.m. - 12p.m. (noon)

Professor John Law

Topic: Capital Punishment in 18th Century England

FEBRUARY 12, 2020, 10a.m.– 12p.m. (noon)

History Professor Dr. Rod MacLeod

Topic: Characters from the Yukon Gold Rush, including the biography of Sir Sam Steele

FEBRUARY 19, 2020 – 1:00p.m—3p.m.

Dr. Bill Beard, Prof. of Film Studies, UofA

We will explore the significant themes in "The Grand Illusion" an important film by Director Jean Renoir.

FEBRUARY 26, 2020, 10a.m.-12p.m. (noon)

Dr. David Barnet, Drama Prof., Director
Topic: DRAMA!?

STAY TUNED FOR DETAILS!

BOARD OF DIRECTORS

President: Lewis Wasel, **Past President**: Mark Salkie, **Treasurer**: Elaine Salkie, **Fundraising Chair:** Leslie Morgenstern, **Program Chair**: Shirley Grossman, **Transportation Chair:** Hans Pilz, **Directors:** Louise Percheson-Kagan, Sveta Bass, Sam Koplowicz, Paula Globerman and Susan Binnington

Executive Director: Svetlana Pavlenko **Program Manager:** Maya Feldman **Chef:** Bozena Szopiak

Fitness Instructors: Ilonka Wormsbecker & Bonnie Austen, **Ikebana Masters:** Jean-Marcel Duciaume & Brenda Jackson

Schmooze & News

Dear Friends,

Our project From Survival to Thrival: Shared Historical Experiences has started and to date we have covered the topics of "Ghettos and Reservations" and "Wannabe" (Cultural Appropriation).

It has been a powerful and emotional learning experience for all. Thank you to our amazing speakers: Lewis Cardinal and Gillian Horwitz, Dr Kim Tallbear and Dr Morris Maduro, our facilitators Anna Marie Sewell and Hunter Cardinal.

Special thank you to all the participants who have spoken and written so movingly of their personal feelings and connections to each topic.

Our 16th Annual Learning in Retirement Lecture Series was a great success! Thank you to the LinR Committee: Faye Kay, Sue Winestock, Judi Goldsand and Sue Lieberman. There were 140 participants who had enjoyed the variety of topics and our lunches.

Book your seat for our famous **Pre-Hanukkah Party with our Young at Heart Choir** that will take place on **Thursday, December 19 at 11:30a.m.**

Happy Hanukkah to All!

Elaine Salkie, Treasurer

Special Presentations

Thursday, December 12 @ 1-3p.m.

The Challenges for Judaic Ethics in the XXI Century

Jack Goldberg, professor Emeritus at UofA, will describe some of the lofty goals that Judaic ethics set for us; and some of the exemplary ethical achievements of a number of our great rabbis. As a group we can then identify the obstacles to following the examples of these rabbis and changing our society for the better.

Jack's education took place at a Yeshiva high school in Montreal and at Yeshiva University of New York. He was the High Holiday Cantor at Beth Tzedek Congregation for over ten years.

Ikebana Classes

New Ikebana Classes series will start on

Wednesday, December 4 at 1p.m.

The last class of the year.

Please contact our Ikebana Masters Jean-Marcel Duciaume & Brenda Jackson for details:
ikebanaclub@gmail.com
780-803-5690

Book Discussion Group

Wednesday, January 22 at 1p.m.

Our book club is facilitated by a librarian and often attended by guest speakers.

Everyone is welcome!

The Marriage of Opposites
by Alice Hoffman

Opera Master-class

Wednesday January 15 at 7p.m.

Stay tuned for details!

Photo: The previous master-class with Dr. Laurie Fagnan at the Centre

Health & Wellness

Bonnie's Use it or Lose it!

with ***Wendy Kinsman!***

Cardio & Strength training, Flexibility & Balance, Laugher & Music

TUESDAYS @10:45a.m.
December 3, 10 & 17

Ilonka's On Your Seat or On your Feet!

with ***Nora Shea & Wendy Kinsman!***

Use of Weights & Stretch Bands, Flexibility & Strength, Laughter & Music

THURSDAYS @ 10:45a.m.
December 5, 12 & 19

Fall Prevention Workshop

You have a unique opportunity to learn from both our fitness instructors.

Tuesday January 14 at 12p.m.: Lunch & Learn with Bonnie

Thursday, January 16 at 10:45a.m.: Workout with Ilonka (regular admission)

From Survival to Thrival: Shared Historical Experiences
Sessions & Writing Workshops on Mondays at 1p.m.

Ghettos and Reservation	Oct 28th & Nov 4th	Lewis Cardinal & Gillian Horwitz
Wannabe	Nov 25th & Dec 2nd	Dr. Tallbear & Dr. Morris Maduro
Living with Loss	Jan 13th & Jan 20th	Dr. Auger & Dr. George Goldsand
Image & Reality	Feb 3rd & Feb 10th	Terry Lusty TBA
Living in Two Worlds	March 16th & 23rd	Norma Spicer & Abe Silverman
Food as Connection	April 27th & May 4th	Anna Marie Sewell TBA

Celebration & Results Sunday, June 7th 2020 at 11:30a.m. Brunch & Presentation

This program implementation is possible thanks to the grant received from the Government of Canada, New Horizons for Seniors Program

Thank you for Supporting your Centre!

Call the Office 780-488-4241 for Birthday Cards

We try to be as accurate as possible. If we have it wrong please let us know.

Card and Shalom Wall plaques are always available to make your friends' birthdays and other simchas more memorable and enjoyable!

Birthday Celebration for December will be held on Thursday, January 30

Calderon Rosa	Horwitz Daphne	Snyder Paula
Chernets Oleksandra	Jandrey Rita	Wolfman Naomi
Conroy Helen	Kipnes Evelyn	Alman Dmitry
Delage Leah	Margolis Marjorie	Bell Randy
Devis Wendy	Moen Betty	Chetner Jack
Edelmann Judy	Wasel Lewis	Fernando Des
Reboh Joel	Rubenovitch Joyce	Frohlich Ned
Segall Mari	Saik Anna	Granholm Hans
Friedman Rhoda	Shea Nora	Hughes Doug
Heilik Bronia	Sklofsky Esther	Kacew Abie
Morgenstern Rick	Sperber Geoff	Lambshead Jim

Make this day very special for your friends!
Sponsor CAKE, LUNCH or ENTERTAINMENT!
Send a **special card** to birthday boys and girls or order a Plaque on the Shalom Wall!

Lunch & Learn

ISRAEL BONDS
CANADA-ISRAEL SECURITIES LIMITED

Wednesday, December 4

Stand strong with Israel.

How to diversify and enhance your investments and create a bond with Israel through your gifts.

Phyllis D'Aguiar , City Director, will explain how Israel Bonds can assist you with your investment needs and how gifts of an Israel Bond can help your children and grandchildren connect with Israel.

Thursday, December 12

Hannukah Miracle

Join Rabbi Mendy to learn more about traditions of this Holiday of Light!

Monday, December 2
Tomato Soup
Baked Omelet
Salad, Dessert

Tuesday, December 3
Lentil Soup
Pizza
Salad, Dessert

Wednesday, December 4
Carrot Soup
Tuna Casserole
Salad, Dessert

Thursday, December 5
Pea soup
Onion, Mushroom Strudel
Salad, Dessert

Monday, December 9
SURPRISE!

Tuesday, December 10
Mushroom Soup
Mac and Cheese
Salad, Dessert

Wednesday, December 11
No Chicken Chicken Soup
Salad, Dessert

Thursday, December 12
Barley Soup
Fish, Rice with vegetables
Salad, Dessert

Monday, December 16
SURPRISE!

Tuesday, December 17
Pickle Soup
Bourikas
Salad, Dessert

Wednesday, December 18
NO LUNCH

Thursday, December 19
Pre-Hanukkah Party
at 11:30a.m.

OPERA SEASON

Tuesday, February 4 at 7:30pm

Join our members who will go and enjoy the Mozart's Masterpiece

The Marriage of Figaro

at Jubilee Auditorium

RSVP with Payment by January 16, 2020

Ticket: $35 per person

ARMCHAIR TRAVELLER

Thursday, January 23 at 12p.m.

Join Svetlana to learn more about the unique system of the Russian Medical SPAs (sanatorium)

in the Altai mountains

Thank you for Supporting your Centre!

Call the office for Tribute Cards - (780) 488-4241

We try to be as accurate as possible - Please accept our apologies for any omissions or errors made!

Cards sent from the Board of Directors

SYMPATHY

To: Lee Sax - loss of brother

To: Colleen Paull—loss of father

To: Diane Alkalay & Family—loss of husband Michael Z"L

MAZEL TOV

To: Ruth Nolan,
Christina Reboh
Francis Nobleman
Congratulations on being acknowledged & celebrated by **NCJW**

GET WELL

To: Paula Snyder
To: Michael Roeder

SYMPATHY

To: Colleen Paull & Family—for loss of Colleen's father, Ed Swanson Z"L
From: Elaine Lyons

To: Faye & Cyril Kay—loss of your dear aunt Debby Z"L
From: Judy & George Goldsand

To: Reva Theuman & Family—loss of Richard Theuman Z"L
From: Muriel Cooper
Sheila & Allan Parr
Naomi & Morley Wolfman
Shirley Grossman
Jerome & Mary Jane Klein
Freya & Lewis Wasel

To: Larry Witten & Family—loss of Marielle Witten Z"L
From: Dr. Marvin Weisler & Family

To: Jerry Antflick—on loss of mother, Ida Antflick Z"L
From: Frances Simon

To: Diane Alkalay & Family— - loss of Michael Z"L
From: Robyn & Geoff Sperber
Elaine & Mark Salkie
Diane Marcovitch
Jacob & Odette Masliyah

SHALOM WALL

A Plaque in memory of Dearest Friend, Gail Deagle Z"L
From: Naomi Amato

A Plaque in Memory of Dear Friend, Marielle Witten Z"L
From: Judy & George Goldsand
Jini Vogel & Alex Krimberg
Sue & Alvin Winestock

MAZEL TOV

To: Rhonda Eidelman on your 65th Birthday
From: Phyllis Nurgitz & Mel Wyne

To: Ruth Nolan—on being honoured for years of work with YESS and NCJW
From: Robyn & Geoff Sperber

To: Minnie & Harvey Emas—on your 75th Anniversary
From: Frances Simon

GET WELL

To: Freya Wasel
From: Naomi & Morley Wolfman

To: Paula Snyder—wishing you a speedy recovery
From: Elaine & Mark Salkie
Diane Marcovitch
Frances Simon
Robyn Sperber
Phyllis Nurgitz & Mel Wyne

OUR NEW MEMBERS

Carolyn Nielsen

Susan Hokanson

M. Ruth Elliott

Ingrid Zukiwski

Judy Kobluk

Eberhard Lorberg

Enneke Lorberg

Marianne Bulmer

Derek Bulmer

Rhoda Jane Hodges

Ernest Hodges

Beverly Hulley

Rachel Santiago

Lynne MacGillivray

Sharon Abbott

December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1-3pm Sunday Club	2 12pm Lunch ***1:pm From Survival to Thrival (writing session)***	3 10:45am Fitness with Bonnie 12p.m. Lunch **1-3pm SOLO FLIGHT 5**	4 **10am-12pm D.T. Baker ROCK 'N ROLL 6** 12p.m. Lunch 1pm Ikebana	5 10:45am Fitness Ilonka 12p.m. Lunch 1pm-3pm Kathleen Silverman YEG ART 6	6	7
8 1-3pm Sunday Club	9 12:00 pm Lunch 1pm Games	10 10:45a.m. Fitness Bonnie 12p.m. Lunch **1-3pm SOLO FLIGHT 6**	11 12pm Lunch 1pm Games	12 10:45a.m. Fitness Ilonka 12p.m. L & L: Rabbi Mendy *1—3 pm, Jack Goldberg, Judaic Ethics in Modern World*	13	14
15 1-3pm Sunday Club	16 12pm Lunch 1pm Games	17 10:45a.m., Fitness—Bonnie 12p.m. Lunch & Learn with Clayton Ford, EPS, Hate Crime & Violent Extremist Unit	18 NO LUNCH Preparation for Hannukah Party	19 10am Fitness 11:30 Pre-Hannukah Party	20	21
22 No Sunday Club **C**	23 Hannukah First Day L	24 O	25 S	26 E D	**THE CENTRE WILL BE CLOSED FROM SUNDAY DECEMBER 22 TO SUNDAY JANUARY 5 2020** **WE WILL BE REOPENED ON MONDAY JANUARY 6 2020**	
29 No Sunday Club **C**	30 **L O**	31 **SED**				