



JEWISH SENIOR CITIZEN'S CENTRE

All Seniors Welcome

Drop In For Lunch or Attend a Program

Mailing Address: Box 17017
Edmonton, AB T5K 0G4
www.jdicseiors.ca

Location: 10052-117 Street
Ph: 780-488-4241 Fax: 780-488-6591
Email: jdic@shaw.ca

Schmooze and News

August - October 2018/5779

1ST
Annual



BAGEL LOOP
WALK / RUN / ROLL

Sunday August 12, 2018 - Victoria Park
Registration @ 10:00AM

*"On Your Feet
or On Your Seat"*



Thursday, October 18

Back to the Country Farm Tour and Lunch at Prairie Gardens.

We will learn about the colourful history of the farm,
from Pioneer days.

After that we will enjoy a delicious home-made lunch of vege-
tarian lasagna, seasonal salad,
and all the trimmings, followed by strawberry shortcake.
Then you can choose to have a train ride, see the petting zoo
or get lost in the Mega Corn Maize!

We plan to leave the Centre at 9.30a.m. and
arrive back at approx 3.30p.m.

What a fantastic day awaits us!

\$45 for members and \$55 for non-members.

Please sign up before September 7 with payment.

BOARD OF DIRECTORS

President: Lewis Wasel, **Past President:** Mark Salkie, **Treasurer:** Elaine Salkie, **Secretary:** Danny Assh, **Membership Chair:** Miriam Rabinovitch, **Program Chair:** Shirley Grossman, **Transportation Chair:** Hans Pilz, **Volunteer Coordinator:** Louise Percheson-Kagan **Directors:** Laurie Mozeson, Dmitry Alman.

Presidential Appointee: Leslie Morgenstern **Honorary Members:** Hanna Pollack **Honorary Advisor:** Larry Derkach

Executive Director: Svetlana Pavlenko **Office Manager:** Erika Damjanovic **Chef:** Bozena Szopiak

We are excited about our first **Bagel Loop: Walk/Run/Roll** on Sunday, August 12. We hope that it will be well attended by our members together with their families and friends and that it will be successful in both friendraising and fundraising.

I enjoy reading the previous edition of **Schmooze and News** to reminisce about the programs I attended and to read about those that I was not able to attend. Melanie Gall and Eden Ballantyne entertained us with their performance of songs from Bizet's Carmen. Bonnie Austen guided us on a travelogue of South Africa. Dr. Keith Aronyk educated us about Gamma Knife Technology. Marcia Bercov spoke about her volunteer experiences in Israel, Naomi and Vic Amato treated us to some Sephardic cuisine, and Rabbi Kunin took us to Indonesia to discover the Lost Tribe. I thank the JAHSENA board and staff for bringing the successful Challah Baking event to the Centre. It is always wonderful to collaborate with other Jewish organizations!

Although I was not able to attend the **Memories of Edmonton** panel, I heard that Naomi Amato, Beryl Nahornick, Mitch Klimove, Mel Wyne and Miriam Rabinovitch did a fabulous job of adding their personal touch to the history of Edmonton.

It was our great pleasure and honour to host the four week series **Rediscover Jane Austen** with Professor Emeritus Robert Merrett. All participants enjoyed it tremendously and look forward to his new course in the Fall. Don't forget to sign up for our popular Learning in Retirement Series now! See the brochure for details in this newsletter.

We look forward to welcoming you at the Centre for the new exciting programs! **Ilonka Wormsbecker** will share her life story - **Growing Up In Holland** on August 2. **Abe Silverman** will share his story about **Growing Up In Romania** on August 9. **Vic Romanyshyn** will open up for us the **magical world of butterflies** on August 16. Our membership lunch and birthday celebration will be held on August 30.

The Centre will close on September 9 for the Jewish High Holiday period and will reopen on Tuesday, October 9. I extend best wishes to all of our members and their families to be inscribed for a year of peace and good health.

L' Shana Tovah to all of you!

Lewis Wasel, President



Photos: Representatives of the Jewish Archives and a guest speaker Marilyn Glick at the Challah Baking Event and members enjoy the Rabbi Kunin's presentation Lost Tribes: Rediscovering Indonesia's Forgotten Jews

1ST Annual



BAGEL LOOP

WALK / RUN / ROLL

Sunday August 12, 2018 - Victoria Park

Registration @ 10:00AM

*"On Your Feet
or On Your Seat"*

SUPPORT YOUR SENIORS

A fund-raising walk/run/roll for ALL ages

**PRIZES & GIVEAWAYS
POST RACE MUNCHIES & PICNIC INCLUDED**

Registration: Adults \$25 | Kids 10-13 \$15 | Kids under 10 FREE

 **Seniors' Centre**
All Seniors Welcome

**BY PHONE: 780-488-4241
WEB: WWW.JDICSENIORS.CA**

We invite all of our members, their families and friends to actively participate in our **First Annual Bagel Loop** in Victoria Park on Sunday, August 12 beginning at 10:00a.m. with different activities and entertainment. You can walk, run or roll to support your Centre as many kilometres as you wish beginning with one. Walkers and wheelchairs are welcome. There will be prizes, giveaways, post race munchies and a picnic with entertainment.

Registration now will cost \$25.00 for adults, \$15.00 for children aged 10 to 13 and will be free for children under 10. Alternatively, a family of four people of any age can register for \$75.00.

Coming for the picnic only? Please RSVP ASAP – Cost \$5 per person.

You can support the Centre by attending this event, by getting sponsors, by collecting pledges and by volunteering. Forms for signing up sponsors are available at the Centre and on our web-site www.jdicseniors.ca

Bus will depart from the West Edmonton Mall Bus stop in front of the Transit Station toward the downtown at 9:35a.m.

Bus will depart from the Centre (10052 -117 Street) at 9:45a.m.

Please reserve your spot on the bus, call the Centre!

Afternoon in the City

Thursday, August 23

Edmonton Transit Services' annual summer Seniors on the Go program is back!

This year the bus will take us to Rogers Place.

Over lunch we will learn about this program which is geared to help seniors learn to use public transit, educate them about ETS's senior-friendly accessibility features, and inform about safety and security on transit.

Come for lunch at 12p.m. to hear the presentation. We will leave the Centre for a guided tour of Rogers Place after lunch at 1p.m. and will be back around 3p.m.

Cost: \$13 for members & \$16 non-members (including lunch at the Centre).

Membership Lunch

Thursday, August 30 at 12p.m.

It is time to renew your \$30 per person annual membership!

Sign up a friend as a new member & enter the draw to win:

- 2 tickets to opera *La Traviata* for October 23, 2018 (value \$100)
- 1 chance at winning a Lunch card for 10 lunches (value \$130)
- 1 course of Learning in Retirement series of your choice (value \$85)
- 2 chances at winning a Fitness card for 6 classes (value \$36)

No cash replacement prizes.

Only those members who sign a new member are eligible to enter the draw (one entry only) and you must be present at lunch to receive your prize.

Good Luck! See you soon

FUN

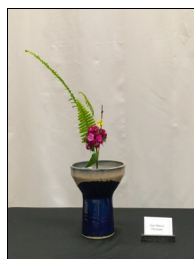
50/50 draw

Special entertainment

Surprises & presents

Ikebana Classes

All classes will begin at 1 p.m.



Tuesday, August 28, September 4

Wednesday, October 10 & 24

Wednesday, November 7 & 21

Wednesday, December 5

Book Discussion Group

Wednesdays @ 1p.m.

August 22

October 24

November 28



Health & Wellness

Use it or Lose it!

with Bonnie Austen!

Cardio & Strength training, Flexibility & Balance, Laughter & Music

TUESDAYS @10:45a.m.

October 9, 16, 23 & 30

On Your Seat or On your Feet!

with Ilonka Wormsbecker!

Use of Weights & Stretch Bands, Flexibility & Strength, Laughter & Music

THURSDAYS @ 10:45a.m.

August 2, 9, 16, 23 & 30

September 6

October 11 & 25



Invest in a New You! Buy a Card as a Present!

Our Exercise Cards have

NO expiry date!

Available to our members only

Treat yourself to:

6 classes for \$30 or 10 classes for \$50

(Drop in fee per class \$6)

Good for any exercise class at the centre!

OPERA SEASON

La Traviata

JUBILEE AUDITORIUM

SUNG IN ITALIAN WITH PROJECTED ENGLISH TRANSLATION

Tuesday, October 23 at 7:30p.m.

Edmonton Opera's new production of *La Traviata* combines spectacle, passion, drama, and thrilling music to tell the story of Violetta, a famous Parisian courtesan who is consumed both by love and a life-threatening illness.

Don't miss the opera that inspired the blockbuster film *Moulin Rouge*!

RSVP with payment by September 7. Ticket: \$30 per person.



Photo: Courtesy of Edmonton Opera

Lunch & Learn

GROWING UP IN HOLLAND 1938 – 1957

Thursday, August 2 at 12p.m.

Ilonka Wormsbecker was born in Hoogezand, Holland. She was the oldest of five children. Her father, Vilmos Halpern, was an international soccer coach.

He was born to a Jewish Orthodox family in Budapest. His father was a cantor at the local synagogue.

Come and learn about the fascinating history of one stateless family, who finally found their home in Edmonton, in 1957.



ALL ABOUT BUTTERFLIES

Thursday, August 16 at 12p.m.

Educator and member of the Lepidopterists' Guild, **Vic Romanyshyn**, will tell us everything we ever wanted to know about butterflies! He will have a short presentation and bring display cases of the many varieties of butterflies found around the world.



GROWING UP IN ROMANIA

Thursday, August 9 at 12p.m.

Abe Silverman was born in a city in North East of Romania under Nazi occupation in 1942. He wore a yellow star for the first 2 years of his life. After escaping Romania in 1947, his father, mother and infant brother spent 2 years in a Displaced Persons Camp in Vienna waiting for passage to Israel.

As fate would have it they instead found themselves in Canada arriving in January 1949.



CAREER IN BROADCASTING

Tuesday, August 14 at 12p.m.

Come and hear one of Edmonton's favourite radio personalities – **Rob Christie**, who will talk about his career in broadcasting!



HISTORY OF COFFEE WITH ADE

Tuesday, August 21 at 12 p.m.

How did coffee become so important in our lives?

Is the blonde roast stronger than the dark roast?

Is there a correct way to drink your coffee?

How can you keep your coffee beans fresh?



Talk and sampling of kosher coffee with Ade, a High Street Starbucks manager.

ROSH HASHANAH

Tuesday, September 4 at 12 p.m.

Rabbi Mendy will tell us about the significance of the Jewish New Year holy days.



Learning in Retirement

Jewish Senior Citizen's Centre

presents

15th Annual Six Week Series
October 9 - November 19, 2018



For the Intellectually Curious

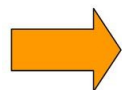
\$70 members & \$85 non-members per course



"Keeping Score"

Instructor: D.T. Baker

Mondays, October 15 — November 19, 2018 10:00a.m. –12:00p.m. (noon)



Navigating Compromise in XXIst Century Bioethics

Instructor: Gary Goldsand

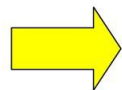
Mondays, October 15 — November 19, 2018 1:00p.m. – 3:00p.m.



The Art of Deception: Forgeries and Thievery in the Art World

Instructor: Kathleen Silverman

Tuesdays, October 9 — November 13, 2018 1:00p.m. – 3:00p.m.



Opera Anyone?

Instructor: Morris Maduro

Wednesdays, October 10 — November 14, 2018 10:00a.m. –12:00p.m. (noon)

Location: 10052-117 Street (just south of Jasper Avenue)

Mailing Address: Box 17017, Edmonton, T5K 0G4

780-488-4241

www.jdicseniors.ca

jdic@shaw.ca

Become a Member just \$30 per year (September 1 to August 31)

Enjoy our Famous Lunches!



Thank you for Supporting your Centre!

Call the Office 780-488-4241 for Birthday Cards

We try to be as accurate as possible. If we have it wrong please let us know.

Card and Shalom Wall plaques are always available to make your friends' birthdays and other simchas more memorable and enjoyable!

Birthday Celebration for August will be held on Thursday, August 30 2018

Sylvia Alpern	Hillel Goldberg	Barry Boychuk
Jack Soroka	Laurie Short	Conor Pilz
Mark Chernyavsky	Elaine Barnes	Sheila Bronson
Galina Chernyak	Mary Davenport	Sherry Dubeta
Evelyn Eaman	Jean Oshry	Faith Fernalld
Naomi Wolch	Karen Gall	Myrna Grimm
Penny Hardin	Odette Masliyah	Judy Grimblat
Norma Nozick	Jacob Masliyah	Netta Phillet
Yelena Ploskina	Helen Rosenberg	Marlene McLeod
Cheryl Shur	Rea Little	Masa Yoneda
	Bobby Cairns	

Birthday Celebration for September will be held on Thursday, October 25 2018

Lionel Groberman	Marielle Witten	Ruth Markovich
Andrew Dorosh	Lee Sax	Helen Markovich
Harvey Emas	Sharon Cairns	Carol Hart
Ron Wolch	Robyn Sperber	David Armstrong
Martin Bankey	Gen Ashwell	Glen Binnington
Douglas Irvine	Shirley Goldberg	Karen Fingas
Mitch Klimove	Sondra Grosh	Lorne Goldstein
Ken McCarthy	Stephanie Hendin	Luba Ivanova
Ram Romanovsky	Rhonda Holloway	Gertrude Rabinovitz
Lina Kichnevskiaia	Barbara Wiseman	Cindie Thompson
Hal Zalmanowitz	Sylvia King-Farlow	Clarice Switzer
Sue Winestock	Jerry Katz	Sandra Maygard
Zoya Pavlova	Lois Pawl	Susan Wright



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We try to be as accurate as possible. If we have it wrong please let us know.

**Card and Shalom Wall plaques are always available to make
your friends' birthdays and other simchas more memorable and enjoyable!**

Birthday Celebration for October will be held on Thursday, October 25 2018

Cyril Kay
Moira Sacks
Michael Shmuilovich
Hal Simons
George Goldford
Nikolai Golosarsky
Arkady Shifrin
Harry Silverman

Jane Karstaedt
Evelyn Schayer
Carol Boychuk
Dimitra Drezick
Sandra Miller
Audrey Brooks
Jeni Adler-Magat
Riquette Sherman
Bessie Sax

Joan Ford
Anna Mae Gibson
Lilian Green
Ruth Katz
Wendy Kinsman
Miriam Katz
Lynn Odynski
David Tankel



Welcome!

Our New Members



Joan McCracken
Kathy & Doug Matheson
Shirley Edgar
Dorcas Fulton
Karen Fingas
Hazel Elborne

Paula Globerman
Susan Wright
Anne Smith
Christina McIntyre
Patricia Hagerty Keller
Carol Hart



Thank you for Supporting your Centre!

Call the office for Tribute Cards - (780) 488-4241

We try to be as accurate as possible - Please accept our apologies for any omissions or errors made!

Cards sent from the Board of Directors

<p>GET WELL</p> <p>To: Des Fernando To: Sheila Parr To: Anita Sky</p>	<p>SYMPATHY</p> <p>To: Sharon Bookhalter & Family- loss of mother Elaine z'l To: Phyllis Nurgitz – loss of sister Sally z'l</p>	<p>THANK YOU</p> <p>A heartfelt thanks goes out to our sponsors for the Bagel Loop.</p> <p>Please, dear members, support our sponsors so that they may continue to support us!</p>
<p>MAZEL TOV</p> <p>To: Bronia & Jim Heilik – 50th Wedding Anniversary From: Shoshana & Martin Bankey Cheryl & Bob Gliener</p> <p>To: Ed Mickelson- Happy 90th Birthday! From: Paula Snyder Robyn & Geoff Sperber</p> <p>To: Mel Wyne – Happy Birthday! From: Paula Snyder</p> <p>To: Marcia Bercov- Happy Birth- day! From: Miriam Devins</p> <p>GET WELL</p> <p>To: Anita Sky From: Louise Percheson-Kagan Bozena Szopiak & Family</p> <p>To: Sheila Parr From: Louise Percheson- Kagan</p> <p>SYMPATHY</p> <p>To: David Bookhalter & Family- loss of Elaine z'l From: Miriam Rabinovitch Diane Marcovitch Phyllis Nurgitz & Mel Wyne</p> <p>To: Luba Allen & Family- loss of husband Clive 'z l From: Naomi & Morley Wolfman</p>	<p>DONATION TO THE BAGEL LOOP</p> <p>Tamisan Bencz & Jordan Knight Naomi & Victor Amato Robyn & Geoff Sperber Jaci & Andrew Woolfson Cynthia Brown Daniel Assh Ruth Nolan Leslie Howatt Eleanor Kagan Mardy Grossman Shirley Grossman Grant Fedoruk Miriam Cooper Beryl Nahornick Joe Doz Bonnie Austen John Williams Nelson Scott Stephen Lau Marcia Bercov Lisa Jane de Gara Gertrud Janke Sheila & Allan Parr Leslie & Rick Morgenstern Naomi & Morley Wolfman Dr. Fraser Armstrong Rodney Adams Zhanna Alman Dmitry Alman The Asbell Family The Salkie Family The Splinter Family The Siderson The Wasel Family</p>	<p>THANK YOU TO SPONSORS</p> <p>Edmonton Jewish Community Charitable Foundation Steven Snyder & Connie Silva Phyllis Nurgitz & Mel Wyne Romanovsky & Associates LLP Kingston Ross Rasnak LLP Lush Hair & Body Studio Normand's Fine Regional Cuisine Wild Rose Senior Care Ltd Famoso Neapolitan Pizzeria Heather De Kok Floral Design Arch Enterprises Blue Cross Andy's Vallyview IGA Bliss Baked Goods Edmonton Granite Memorials Ltd. Running Room Royal Bank of Canada High Street Starbucks Unwined</p> <p>DONATION TO THE BAGEL LOOP</p> <p>The Percheson-Kagan Family Dr. Louis and Pam Honore</p> <p>We will except donations toward the Bagel Loop till August 12 2018</p> <p>Thank you for your support and participation!</p>

Wednesday, August 1

Cucumber Soup
Sandwiches
Salad/Dessert

Thursday, August 2

Carrot Soup
Pasta salad
Salad/Dessert

Ilonka Wormsbecker's Presentation**Monday, August 6****CLOSED****Tuesday, August 7**

Vegetarian cheese Soup
Salmon patties
Salad/Dessert

Wednesday, August 8

French onion Soup
Great white pizza
Salad/Dessert

Thursday, August 9

Cream of fresh tomato Soup
Lentil meatballs
Salad/Dessert

Abe Silverman's Presentation**Monday, August 13****CLOSED****Tuesday, August 14**

Squash Soup
Black bean and sweet potato chili
Salad/Dessert

Rob Christie's Presentation**Wednesday, August 15**

Lentil and potato Soup
Garden quiche
Salad/Dessert

Thursday, August 16

Green velvet Soup
Roasted sweet potato & Fish
Salad/Dessert

Vic Romanyshyn's Presentation**Monday, August 20**

Vegetable Soup
Chili
Salad/Dessert

Tuesday, August 21

Fresh pea Soup
Onion, mushroom Kugel
Salad/Dessert

Ade's Presentation**Wednesday, August 22****NO LUNCH****Thursday, August 23**

Cabbage, potato & tomato Soup
Vegetarian burgers
Salad/Dessert

Seniors on the go Presentation***Tour to Rogers Place*****Monday, August 27**

Potato-leek Soup
Cold plate
Salad/Dessert

Tuesday, August 28

Garlic, spinach & chickpea Soup
Roasted cauliflower lasagna
Salad/Dessert

Wednesday, August 29

White bean Soup
Potato strudel
Salad/Dessert

Thursday, August 30

Borscht
Tuna casserole
Salad/Dessert

Membership Lunch & Birthday Celebration**Monday, September 3****CLOSED****Tuesday, September 4**

Mushroom Soup
Knish in dish
Salad/Dessert

Rabbi Mendy's Presentation**Wednesday, September 5****CLOSED****Thursday, September 6**

Fresh pea Soup
Onion, mushroom Kugel
Salad/Dessert

Monday, October 1**Tuesday, October 2****CLOSED****Wednesday, October 3****Thursday, October 4****Monday, October 8****NO LUNCH****Tuesday, October 9**

Sweet potato Soup
Macaroni & cheese
Salad/Dessert

Learning in Retirement begins**Wednesday, October 10**

Tomato Soup
Tuna casserole
Salad/Dessert

Learning in Retirement***Ikebana*****Thursday, October 11**

Pickle Soup
Pizza
Salad/Dessert

Monday, October 15

Mushroom Soup
Knish in dish
Salad/Dessert

Learning in Retirement**Tuesday, October 16**

Lentil Soup
No meat, meat loaf
Salad/Dessert

Learning in Retirement**Wednesday, October 17**

Cabbage Soup
Sandwiches
Salad/Dessert

Learning in Retirement**Thursday, October 18****NO LUNCH*****Trip to Prairie Gardens*****Monday, October 22**

Carrot, ginger Soup
Spaghetti
Salad/Dessert

Learning in Retirement**Tuesday, October 23**

No chicken, chicken Soup
Fish & Chips
Salad/Dessert

Learning in Retirement**Wednesday, October 24**

Cauliflower Soup
Veggie burger
Salad/Dessert

Learning in Retirement**THURSDAY, October 25**

Black bean Soup
Falafel
Salad/Dessert

***Birthday Celebration*****Monday, October 29**

Barley Soup
Cold plate
Salad/Dessert

Learning in Retirement**Tuesday, October 30**

Squash Soup
Lasagna
Salad/Dessert

Learning in Retirement**Wednesday, October 31**

Vegetarian kale Soup
No meat, meatballs
Salad/Dessert

Learning in Retirement

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 12p.m. Lunch	2 10:45a.m. Fitness Ilonka <i>12p.m. Lunch & Learn: Ilonka, Growing up in Holland</i>	Happy & Sweet New Year!	
September 12 BAGEL LOOP Walk/Run/Roll & Picnic at the Victoria Park Bus will depart from the WEM's bus stop in front of the Transit Station toward the downtown at 9:35a.m. Bus will depart from the Centre at 9:45a.m. Please RSVP	6 CLOSED	7 12p.m. Lunch 1-4p.m. Games	8 12p.m. Lunch	9 10:45a.m. Fitness Ilonka <i>12p.m. Lunch & Learn: Abe Silverman, Growing up in Romania</i>	Be ready for High Holidays! Pre-order HONEY CAKES from the Centre. Orders placed on Monday will be ready for pick up on the following Thursday. LAST DAY TO ORDER Thursday, August 23 Two sizes of cake are available: Medium Long \$16 Round Big \$26	
	13 CLOSED	14 12p.m. Lunch & Learn: Rob Christie, career in Broadcasting 1-4p.m. Games	15 12p.m. Lunch	16 10:45a.m. Fitness Ilonka <i>12p.m. Lunch & Learn: Vic Romanyshyn, about butterflies</i>		
	20 12p.m. Lunch 1-4p.m. Games	21 12p.m. Lunch 1-4p.m. Games 12p.m. Lunch & Learn: <i>History of Coffee with Ade, Starbucks</i>	22 No Lunch <u>1p.m. Book Club</u> 5:30p.m. Appreciation dinner for Bagel Loop Sponsors by invitation only	23 10:45a.m. Fitness Ilonka 12p.m. Lunch & Learn: ETS's services 1-3p.m. Rogers Place Tour		
26	27 12p.m. Lunch 1-4p.m. Games	28 12p.m. Lunch 1p.m. Ikebana 1-4p.m. Games	29 NO LUNCH	30 Membership Lunch & Birthday Celebration		
2 September	3 September CLOSED Labour Day	4 September <i>12p.m. Lunch & Learn: Rabbi Mendy</i> 1p.m. Ikebana 1-4p.m. Games	5 September NO LUNCH	6 September 10:45a.m. Fitness Ilonka 12p.m. Lunch	<div> THE CENTRE WILL BE CLOSED FOR HIGH HOLIDAYS From Sunday, September 9 till Tuesday October 2 The Centre re-opens with full services on Tuesday, October 9 </div>	

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 closed	2 closed	3 Centre Re-opens No Lunch	4 9-12p.m. Edmonton Community Foundation Wills Week <u>NO LUNCH</u>		
7 1-3p.m. Sunday Club	8 CLOSED Thanksgiving Day	9 10:45a.m. Fitness Bonnie 12p.m. Lunch L in R begins 1p.m. The Art course 1 1-4p.m. Games	10 10a.m. Opera Anyone? course 1 12p.m. Lunch 1p.m. Ikebana	11 10:45a.m. Fitness Ilonka 12p.m. Lunch	Scotch Tasting Wednesday, October 17 at 7p.m. RSVP ASAP by October 9	
14 1-3p.m. Sunday Club	15 10a.m. Keeping Score course 1 12p.m. Lunch 1p.m Bioethics course 1 1-4p.m. Games	16 10:45a.m. Fitness Bonnie 12p.m. Lunch 1p.m. The Art course 2 1-4p.m. Games	17 10a.m. Opera Anyone? course 2 12p.m. Lunch 7p.m. Scotch Tasting with Graham Usher, Unwined	18 NO FITNESS NO LUNCH Trip to Prairie Gardens 9:30A.M. Bus will depart the Centre	Annual General Meeting 2018 on Tuesday November 20 st at 12:45p.m.	
21 1-3p.m. Sunday Club	22 10a.m. Keeping Score course 2 12p.m. Lunch 1p.m Bioethics course 2 1-4p.m. Games	23 10:45a.m. Fitness Bonnie 12p.m. Lunch 1p.m. The Art course 3 1-4p.m. Games 7:30 p.m. Opera La Traviata	24 10a.m. Opera Anyone? course 3 12p.m. Lunch 1p.m. Ikebana 1p.m. Book Club	25 10:45a.m. Fit- ness Ilonka 12p.m. Lunch & Birthday Celebration 	Are you interested in learning how to play Mah Jong or Bridge? Let us know and we will try to organize classes for you! New playing groups can be formed.	
28 1-3p.m. Sunday Club	29 10a.m. Keeping Score course 3 12p.m. Lunch 1p.m Bioethics course 3 1-4p.m. Games	30 10:45a.m. Fitness Bonnie 12p.m. Lunch 1p.m. The Art course 4 1-4p.m. Games	31 10a.m. Opera Anyone? course 4 12p.m. Lunch	Your Centre needs you!!! Can you help with cooking, set up and clean up for our various programs? Shifts are short and rewards are great. Volunteers are back bone of our Centre! Call Erika if you can help out. Thanks.		

Don't miss the Centre's events!



Opera at the Centre: Melanie Gall as Carmen & Eden Ballantyne as Don Jose

Your Centre needs you!!!

Can you help
with cooking, set up and clean
up for our various programs?

Shifts are short and
rewards are great.

Volunteers are back bone
of our Centre!

Call Erika if you can help out.
Thanks.



Dr. Keith Aronyk shared his knowledge about Gamma Knife Technology



Naomi & Vic Amato talk about Sephardic cuisine

Scotch Tasting

Together with **Graham Usher**, the owner of **UNWINED** store, we will touch on the whisky regions of *Scotland: Highlands, Lowlands, Speyside, West Coast* and sample a whisky from each. We will also explain the differences between blended whisky and single malt whisky and sample a blended whisky from a region outside Scotland.

Wednesday, October 17 at 7p.m.

Sample pour list:

Highlands - Glenmorangie 10 yr old

Speyside - Glenfarclas 15 yr old

Lowlands - Auchentoshan Three Wood

Islay - Laphroaig Quarter Cask

West Coast/Islands - Highland Park Magnus

Blended - Nikka From the Barrel

Each scotch will be paired with
delicious snacks.

Price per person

\$35 for members

\$45 for non-members

RSVP by October 9

COURSES

1. **"KEEPING SCORE"**
Instructor: D.T. Baker
Mondays, October 15 — November 19, 2018 10:00a.m. — 12:00p.m.
 2. **NAVIGATING COMPROMISE IN XXI CENTURY BIOETHICS**
Instructor: Gary Goldsand
Mondays, October 15 — November 19, 2018 1:00p.m. — 3:00p.m.
 3. **THE ART OF DECEPTION: FORGERIES AND THIEVERY IN THE ART WORLD**
Instructor: Kathleen Silverman
Tuesdays, October 9 — November 13, 2018 1:00p.m. — 3:00p.m.
 4. **OPERA ANYONE?**
Instructor: Morris Maduro
Wednesdays, October 10 - November 14, 2018 10:00a.m. - 12:00p.m.
Optional: plus \$30 for *La Traviata* Opera ticket (October 23 at 7:30p.m.)
- FEE FOR EACH COURSE**
\$70.00 Members / \$85.00 Non-members

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Box 17017, Edmonton, AB, T5K 0G4
Phone: 780-488-4241 jdic@shaw.ca

REGISTRATION FORM (DEADLINE: SEP. 20, 2018)

Separate Registration Form Required for each Participant

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D.T. BAKER

2018 marks 40 years in the music profession for D.T. Baker, much of that spent sharing his passion, insight, and knowledge with the public. He has been a broadcaster, music writer, lecturer, and author and has worked in many aspects of the music business: radio, print media, recording labels, and music-making organizations. Presently Musicologist & Interpreter for the Edmonton Symphony Orchestra & the Winspear Centre, Mr. Baker's hobbies include photography, hockey, and performing in a rock band.

GARY GOLDSAND

Gary Goldsand is an assistant clinical professor with the Faculty of Medicine and Dentistry at the University of Alberta, and a clinical ethicist. He is currently the Director of the U of A's John Dossetor Health Ethics Centre, and offers courses in ethics, communications, and professionalism to medical trainees and undergraduates. He brings a background in religious and cultural studies to his instruction, and aims to facilitate discussion and debate about a range of challenges in health ethics.

KATHLEEN SILVERMAN

Kathleen Silverman holds a B. Ed with Distinction from the University of Alberta and a certificate in Arts and Cultural Management from MacEwan University. She has experience working with students of all ages in diverse environments, including as an elementary school teacher, an instructor in the Learning in Retirement Lecture Series, and as an Educator and Museum School Coordinator at the Art Gallery of Alberta. Combining her love of teaching with her passion for the arts, Kathleen enjoys investigating the social context of artists and how their narratives influence their artwork.

MORRIS MADURO

Morris Maduro was born and received his early education in the Republic of Panama. His father was the choir director and principal soloist at the Synagogue in Panama, and Morris succeeded him for five years before emigrating to Canada in 1974. Morris received his MA and PhD degrees (in international law) from the University of Alberta. Following a career in government and academia, he is now retired. Morris' lifelong avocation has been that of classical music, especially opera and voice production, and he has taught opera appreciation at the Universities of Alberta and Regina. In 1996, Morris wrote a book on opera appreciation that was used as a course guide which he is now revising.

For the Intellectually Curious